

**PLUS
FITNESS**



**MENAI, SUTHERLAND,
ENGADINE, CARINGBAH
RAMSGATE, HURSTVILLE**

Your Plus Fitness Exclusive Perks



Muscle Recovery & Rehab:

Seib
CHIROPRACTIC

 **PhysioClub**

BAY IDE
PHY IOTHERAPY
SPINAL SPORTS & REHABILITATION

CITY CAVE
FLOAT & WELLNESS CENTRE
SOUTH VILLAGE

back active
HEALTHCARE


SWITCH
MENAI

FORMATION
PHYSIO

ZEN
WELLNESS STUDIOS

Exclusive to our members – view full offers in-club



Meal Prep & Supplements:



ELITE
SUPPLEMENTS

youfoodz

KNOCKOUT
NUTRITION
EST. 2006



Fitness Gear & Footwear:

The
Athlete's
Foot

L S X D

EST 2025
POINT ZERO
ACTIVWEAR

MUSCLE NATION



Other Exclusive Benefits:



The
Caffeine
Garden



Cluck & Co
BY STAPLETONS
EST. 1906



THE PINNACLE
SOUTH HURSTVILLE RSL
HURSTVILLE RSL

UltraTune
Auto Service Centre

Exclusive to our members – view full offers in-club