PLUS FITNESS + MENAI, SUTHERLAND, ENGADINE, CARINGBAH RAMSGATE, HURSTVILLE

Your Plus Fitness Exclusive Perks

Muscle Recovery & Rehab:

Seib CHIROPRACTIC

PhysioClub

BAYSIDE PHYSIOTHERAPY
SPINAL SPORTS & REHABILITATION

CITYCAVE
FLOAT & WELLNESS CENTRE
SOUTH VILLAGE

back active HEALTHCARE

SWITCH
MENAI & PENSHURST

Sutherland Shire Chiropractic

FORMATION PHYSIO

ZEN
WELLNESS STUDIOS

Exclusive to our members – view full offers in-club

Meal Prep & Supplements:

FOOD 4 fitness

ELITE SUPPLEMENTS

KNOCKOUT NUTRITION

Fitness Gear & Footwear:

The Athlete's Foot

SPORTS DIRECT

LSKD

MUSCLENATION

EST 2025 POINT ZERO ACTIVEWEAR

Other Exclusive Benefits:

The Caffeine Garden

Cluck & Co by Stapletons

SR window cleaning

TOP JUICE

UltraTune Auto Service Centre

SYNERFIN ASSET FINANCE

Exclusive to our members – view full offers in-club