

# PLUS FITNESS



MENAI, SUTHERLAND,  
ENGADINE, CARINGBAH  
RAMSGATE, HURSTVILLE

## Your Plus Fitness Exclusive Perks



### Muscle Recovery & Rehab:



### Meal Prep & Supplements:



*Exclusive to our members – view full offers in-club*



## Fitness Gear & Footwear:



**LSKD**

***MUSCLENATION***



## Other Exclusive Benefits:



**The  
Caffeine  
Garden**



**ZAHR FINANCIAL**

*Exclusive to our members – view full offers in-club*