

**PLUS
FITNESS**



**MENAI, SUTHERLAND,
ENGADINE, CARINGBAH
RAMSGATE, HURSTVILLE**

Your Plus Fitness Exclusive Perks



Muscle Recovery & Rehab:

Seib
CHIROPRACTIC

 **PhysioClub**

BAY IDE
PHY IOTHERAPY
SPINAL SPORTS & REHABILITATION

CITY CAVE
FLOAT & WELLNESS CENTRE
SOUTH VILLAGE

back 2 active
HEALTHCARE


SWITCH
MENAI & PENSHURST



FORMATION
PHYSIO

ZEN
WELLNESS STUDIOS

Exclusive to our members – view full offers in-club



Meal Prep & Supplements:



ELITE
SUPPLEMENTS



Fitness Gear & Footwear:



MUSCLENATION



SPORTS
DIRECT

LSKD



Other Exclusive Benefits:

The
Caffeine
Garden



SR window
cleaning



TOP JUICE



Exclusive to our members – view full offers in-club