

CLASS TIMETABLE

UNLIMITED X-CELL CLASSES

6 WEEK BOOTCAMP - \$150 (12 SESSIONS)

10x CLASS PASSES AVAILABLE FOR
FITNESS PASSPORT MEMBERS!!

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45am			BOOTCAMP +				
6:00am		X-CELL + H.I.I.T		X-CELL + SHRED		BOOTCAMP +	
8:00am						X-CELL + L.A.B	
11:30am							
5:00pm							
6:30pm	X-CELL + SHRED			X-CELL + H.I.I.T			
7:10pm	X-CELL + STRONG			X-CELL + L.A.B			



PLEASE REMEMBER:

Book Classes via the new Plus Fitness Member Portal
Bring a towel + water bottle